



on the move

2019 Parent Handbook



Welcome!

We are excited to welcome your child to our 2019 On the Move summer mobility program! We have a number of fun and challenging activities scheduled this year which will help your child increase their independence and self-confidence.

Please take a moment to read through this packet, which contains important information about the program.

If you have any questions about anything in this packet, or if you have more general questions or concerns, please contact Christopher Butler at (401) 941-3322 x 103 or cbutler@in-sight.org.

About the Program

Just as the name suggests, our program is all about movement. During your child's time with us we will be focused on helping your child to build the skills and confidence they need to be independent travelers while also demonstrating that their visual impairment should never stand in the way of their participating in a wide range of activities.

During the camp your child will be participating in lots of different activities in many different settings. Sometimes your child may be asked to step outside their comfort zone and try something that they have never done before. While we will never force a child to do something that they don't want to do, our expectation is that they will at least try. Our hope is that these experiences will help your child to increase their self-confidence and independence.

All of the activities that we plan are safe and supervised at all times by camp staff. We will provide you with a list of camp activities at least two weeks before camp. If in reviewing the camp schedule you find that there is a particular activity that your child is likely to not want to participate in, such as activities that take place on or in water, we would ask that you consider having your child stay home from camp that day. Having a child opt to not participate in an activity takes away an adult staff member who could otherwise be working with their group and disrupts the experience for the other campers.

Staffing

INSIGHT Executive Director Christopher Butler oversees the summer program including the coordination of activities, meals, and transportation.

Certified Orientation and Mobility Specialists Judi Lambert, Donna Mitchell, and Bernadette Dawson are the primary program staff and help insure that each of the participants get the most out of their experience.

Meals

Besides a reusable water bottle, campers do not need to bring food to camp. Participants will have access to a variety of snacks throughout the day and lunch will be provided. Please indicate on the application if your child has any allergies or special food needs.

What to Bring

- White Cane (if applicable)
- Water bottle
- Sunscreen
- Sneakers or other comfortable closed toe footwear
- Sunscreen (please also apply before camp)

What NOT to Bring

- Sandals, flip flops, crocs or other open footwear
- Food and snacks, unless your child has special dietary needs
- Electronics including tablets and laptops*
- Toys or sports equipment
- Weapons of any kind **
- Alcohol or drugs **
- Lighters or matches **

These items will be confiscated and given to the parent or guardian at the end of the day.

** Cellphones are permitted, but cannot be used except in the case of an emergency.*

**** These items may result in dismissal from the program if brought to camp.**

Hours of Operation

Our program operates daily from 8AM – 4PM. Children must be picked up no later than 4:15PM.

Drop Off and Pick Up

Your child should be dropped off no later than 8:30AM at INSIGHT, 43 Jefferson Boulevard in Warwick. The entrance to our space is in the back of the building. Children must be accompanied and signed in by an adult at drop off.

Your child should be picked up between 4:00PM – 4:15PM at the same location. Your child will only be released to a person who is listed on the application (parent or authorized driver). Those picking up students are required to show a photo identification and to sign out the child.

If you anticipate not being able to pick up your child by 4:15PM, you must call Christopher Butler at (401) 965-2740 as soon as possible so that appropriate arrangements can be made.

Medical Policy

Your child must be excluded from camp if the last 24 hours he/she has had a fever, vomiting, or any other contagious conditions. Whenever your child has experienced any of the following symptoms within the previous 24-hour period you will be expected to make other arrangements for the comfort of your child and the health of the other children and adults at camp.

If your child has a fever of 100 degrees or above they will be sent home. Children sent home with a fever in the middle of the day may not return to camp until they have been fever free for 24 hours.

Children will be sent home in the case of vomiting and diarrhea. Stomach viruses are contagious. A child who is vomiting should remain at home until the diarrhea has stopped and the child can keep food and liquids down for a 24-hour period.

If a child has a contagious disease of any kind including but not limited to strep throat, flu, respiratory infection, conjunctivitis, infectious rash, chicken pox, measles, scabies, impetigo, etc. that child will not be allowed to attend camp until all symptoms have cleared.

Medication Policy

All medications must be in the original labeled containers with both the child's name and the physician's name. Parents/guardians must sign a consent form before medication can be dispensed. The instructions on the bottle will be considered the proper instructions unless accompanied by a doctor's note.

Medical Concerns

Any allergies to food, chemicals, medication, or other materials, types of medications taking or special restrictions or considerations should be listed in the medical information section of the application. This information will be placed on a master list given to each staff member to inform them of the restrictions.

Emergency Contact

INSIGHT must be notified of any changes in address, workplace, home or cell phone numbers. It is crucial that parents/guardians list someone other than themselves who can be contacted in the event of an emergency. It is the responsibility of the parent/guardian to keep all information up to date.

Financial Considerations

There is no fee for campers to attend this camp. As a critical part of INSIGHT's mission to inspire confidence, build skills, and empower people who are blind and visually impaired the agency raises the funds necessary to make the camp possible. Funding is derived from grants and individual donations. The variety of activities offered from year to year is based on the financial resources that are available.

Camper Expectations

INSIGHT's summer program will be your child's home for a period of time this summer. All campers are expected to help make it a safe place. For the benefit of other participants and the staff campers are expected to conduct themselves in the following respectful manner:

- Demonstrate proper and appropriate orientation and mobility skills
- Respect themselves and others.
- Listen to others including staff and fellow participants.
- Control their own behavior and use appropriate language.
- Not cause physical or emotional harm to other participants or staff.
- Follow the program rules and the program schedule.
- Respect INSIGHT's property and other campers' belongings.
- Wear appropriate clothing and footwear for all activities during the program.
- Will not possess or use alcohol, tobacco, illegal substances, or any paraphernalia.
- Will not engage in or threaten abuse of any kind.

Camper Rights

Our staff is responsible for ensuring that children enrolled in our program:

- Have a safe and reliable environment free of hazards
- Have use of all fully functional equipment and space on an equal basis
- Have their ideas and feelings respected
- Have discipline that is fair, equal, and respectful to them
- Have activities that allow participants to express their creative ability, explore and discover while developing to their fullest potential
- Have an environment that offers variety and choices
- Have the right to voice their opinion on the rules and have input on the activities offered (in an appropriate manner)